

PYCNOGENOL®

Bibliography



LOOK, FEEL AND LIVE BETTER



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1. Review Articles

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Ref. 326	<p>A comprehensive review of the composition and pharmacology of Pycnogenol® as well as the published medical research.</p> <p>Maimoona A, Naeem I, Saddiqe Z, Jameel K A review on biological, nutraceutical and clinical aspects of French maritime pine bark extract. J Ethnopharmacol 133: 261-277, 2011</p>
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 Benign prostatic hypertrophy: Pycnogenol® supplementation improves prostate symptoms and residual bladder volume.
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Ref. 449 **A review on the efficacy of Pycnogenol® to alleviate climacteric symptoms by improving endothelial function and antioxidative status.**
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Ref. 431 **CLINICAL STUDY: Pycnogenol® supplementation for 12 months improves cognition and quenches oxidative stress in normal subjects aged 55 to 70 years.**
 Belcaro G, Dugall M, Ippolito E, Hu S, Saggino A, Feragalli B
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 J Neurosurg Sci 59: 437-446, 2015

Ref. 430 **CLINICAL STUDY: This article reviews earlier clinical Pycnogenol® research of the group, identifying improved skin elasticity and hydration, highlighting new findings on oral Pycnogenol® supporting fairer skin complexion, as well as improved skin barrier function.**
 Grether-Beck S, Marini A, Jaenicke T, Krutmann J
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 Ko J-W, Lee I-C, Park S-H, Moon C, Kang S-S, Kim S-H, Kim J-C
 Protective effects of pine bark extract against cisplatin-induced hepatotoxicity and oxidative stress in rats.
 Lab Anim Res 30(4): 174-180, 2014

Ref. 405 **A single dose of 300mg Pycnogenol® induces apoptosis in human fibrosarcoma cells.**
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Antioxidant- & Anti-Ageing Activity

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Antioxidant- & Anti-Ageing Activity

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 Anti-inflammatory and superoxide radical scavenging activities of a procyanidins containing extract from the bark of *Pinus pinaster* sol. and its fractions.
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 Profiling a gut microbiota-generated catechin metabolite's fate in human blood cells using a metabolomic approach.
 J Pharm Biomed Anal 114: 71-81, 2015

Ref. 403 Report of comparison of various sample preparation methods used for detection and quantification of plant-derived compounds in human blood cells after ingesting Pycnogenol®.
 Mülek M, Högger P
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Ref. 170	<p>USP Monograph. Maritime Pine – USP-30.964-965 The United States Pharmacopeia, United States Pharmacopeial Convention, Inc. official from May 1, 2007</p>
Ref. 137	<p>Evidence of percutaneous absorption of Pycnogenol® in human skin. Sarikaki V, Rallis M, Tanojo H, Panteri I, Dotsikas Y, Loukas YL, Papaioannou G, Demetzos C, Weber S, Moini H, Maibach HI, Packer L <i>In vitro</i> Percutaneous Absorption of Pine Bark Extract (Pycnogenol®) in Human Skin. J Toxicol Cutaneous Ocul Toxicol 23: 149-158, 2004</p>
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18. Bowel & Digestion

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- Ref. 475** **CLINICAL STUDY: The comparison with three different strategies (Buscopan, Antispasmina Col Forte and Pycnogenol®) revealed a higher efficacy of Pycnogenol® in reducing the chronic discomfort associated to IBS.**
 Belcaro G, Gizzi G, Pellegrini L, Feragalli B, Cotellese R, Cacchio M, Corsi M
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- Ref. 416** **Elucidation of metabolic fate of Pycnogenol® metabolites in humans.**
 Mülek M, Fekete A, Wiest J, Holzgrabe U, Mueller MJ, Högger P
 Profiling a gut microbiota-generated catechin metabolite's fate in human blood cells using a metabolomic approach.
 J Pharm Biomed Anal 114: 71-81, 2015
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- Ref. 209** **Pycnogenol® inhibits dietary carbohydrate absorption by inhibition of alpha-glucosidase.**
 Schäfer A, Högger P
 Oligomeric procyanidins of French maritime pine bark extract (Pycnogenol®) effectively inhibit alpha-glucosidase.
 Diabetes Res Clin Pract 77: 41-46, 2007

19. Physiology

Ref. 486

CLINICAL STUDY: Pycnogenol® may represent a useful tool to reduce levothyroxine-related side effects in patients treated with hormone replacement therapy for hypothyroidism.

Belcaro G, Cornelli U, Dugall M, et al.

Pycnogenol® prevents oxidative stress and side effects in patients with hypothyroidism during levothyroxine treatment.

Min Endocrinol, ahead of print, 2018

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